

intenza

ABOUT INTENZA

WHO WE ARE	2
SUSTAINABILITY	4

CARDIO—CONSOLE

PROACTIVE MAINTENANCE—INCARE™	8
INTENZACAST™	10
INTUITIVE INTERFACE—UNI—DIAL™	12
CONSOLE OPTIONS	14
CONSOLE PORTFOLIO	16

CARDIO—EQUIPMENT

ESCALATE STAIRCLIMBER	20
TREADMILL	24
ELLIPTICAL TRAINER	28
UPRIGHT BIKE	32
RECUMBENT BIKE	36

GROUP TRAINING

GC SERIES	40
-----------	----

STRENGTH

SELECTORIZED EASE LINE	46
CABLE STATIONS AND MACHINES	50
BENCHES AND RACKS	58
PLATE LOADED UPLIFT LINE	62

CONTACT US

66

Precision Crafted. Built to Inspire.

We don't just make equipment, we craft experiences. For over a decade, Intenza has been the go-to partner for premium fitness facilities seeking to separate themselves from the pack.

Our unwavering commitment to precision translates into intuitive designs that elevate every workout. Engineered for exceptional durability, our equipment provides the ultimate training experience.

Choose Intenza and invest in more than just equipment. Join over 3000 facilities across 70 countries in offering fitness experiences that inspire and empower.

OUR TRUSTED PARTNERS

LONDON
CHARLOTTE
SQUARE
HOTEL

JW MARRIOTT

ACE HOTEL

EQUINOX

UNIVERSITY OF THE
WEST OF SCOTLAND

O.HYGEN
THE MUSCLE FACTORY

GYMSHARK

BE
HOTELS

GYMFIT

THE HEATHMAN HOTEL

XLNC
SPORTS
IN BARCELONA AND MADRID

BEATX

HOTEL G
SINGAPORE

A L A Y A
HOTEL

DEBB

UNIVERSITY OF
SOUTH ALABAMA

U
MIAMI

CONCRETE ARCHITECTURE



Your Wellness. Our Future.

We believe in fostering a healthy future for your clients and the environment. As a pioneer in sustainability within the industry, we operate our manufacturing facilities on 100% renewable energy. Our eco-conscious approach to manufacturing reduces our shared environmental impact and ensures that your facility is rooted in responsibility.

100%

RENEWABLE ENERGY USED TO POWER
OPERATIONS

50%

ANNUAL EXCESS POWER GENERATED
FROM SOLAR PANELS

OVER 50%

FACILITY CONSISTS OF GREEN SPACE

14,000M²

MANUFACTURING LINE CRAFTED FROM
SUSTAINABLE MATERIALS

52%

TOTAL WATER USED IS RECYCLED



QUICKSTART

InCare™—Peak Performance, Maximized Uptime.

Intenza's proactive maintenance is designed to keep your premium equipment running smoothly. InCare™ maximizes lifespan and minimizes downtime by automating maintenance processes and streamlining operations.

ASSET TRACKING & DIAGNOSIS

ITEST™ SOFTWARE TRACKS EQUIPMENT USAGE, PERFORMANCE, AND CONDITION, DIAGNOSING ISSUES BEFORE SERVICE IS NEEDED.

iREMOTE SUPPORT (e2+ ONLY)

iREMOTE ASSIST ALLOWS OUR TEAM TO CONTROL EQUIPMENT REMOTELY TO RESOLVE ISSUES AND MINIMIZE ON—SITE VISITS.

AUTOMATED PROCESS

DIAGNOSTIC REPORTS ARE GENERATED AUTOMATICALLY AND SENT TO THE INTENZA SERVICE TEAM, ENABLING OUR EXPERTS TO PROVIDE TIMELY SOLUTIONS.



Stream It. Work It.

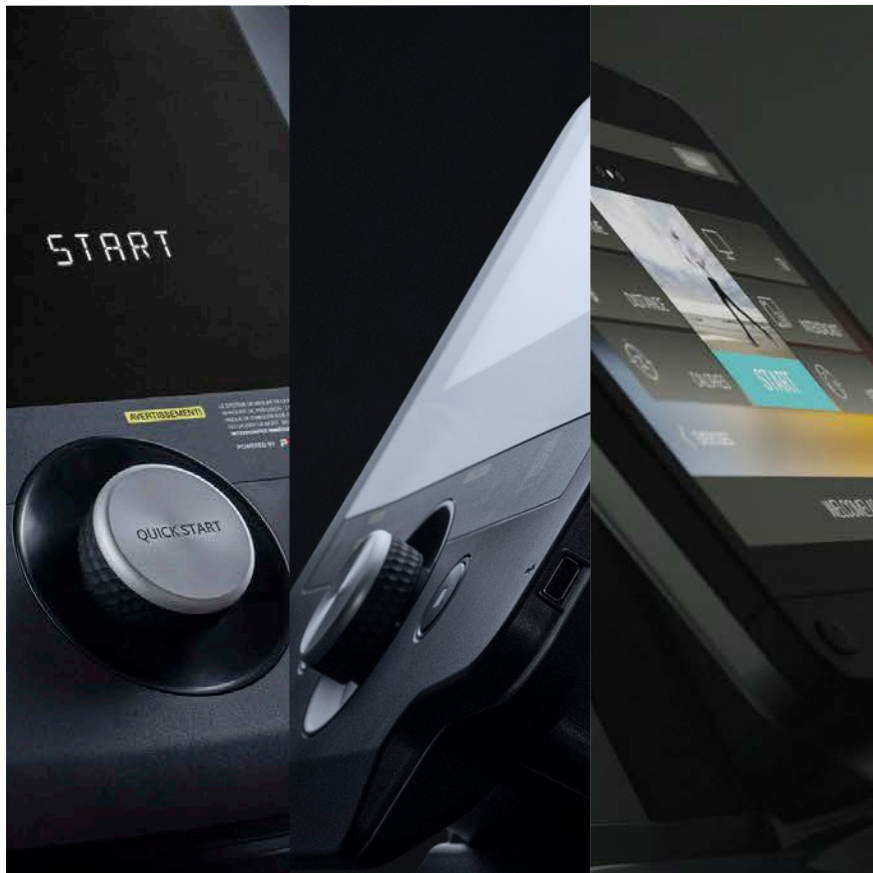
Intenzacast™ elevates your workout sessions by seamlessly streaming your favorite content directly to the e2+ console from any iOS or Android device. Keep motivated and stay entertained.





One Button. Full Control.

Simplicity meets advanced functionality with the i2 and i2S Consoles. Uni—Dial™ puts you in complete control, allowing you to navigate workout options with a simple twist.



FOCUSED TRAINING

450 SERIES i2S CONSOLE



Designed for serious training. The minimalistic 12" LED display offers dynamic, uncompromising functionality. A perfect match for facilities that value both aesthetics and efficiency.

INTERACTIVE FUNCTIONALITY

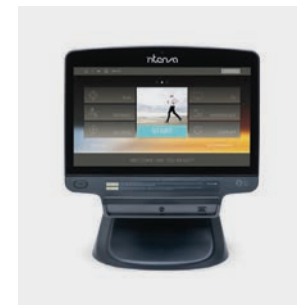
450 SERIES i2 CONSOLE



A fusion of functionality and aesthetic appeal, powered by its 12" LCD, offers clean easy-to-read UI. It's the ideal choice for facilities that value both design and performance.

IMMERSIVE ENTERTAINMENT

550 SERIES e2+ CONSOLE



The ultimate personalized workout experience. The 19" LED screen offers seamless, engaging sessions, keeping users engaged and motivated.



FEATURES

MODEL	450 i2S	450 i2	550 e2+
DISPLAY TYPE	LED WHITE LIGHT	12" LCD WITHOUT TOUCHSCREEN	19" TFT WITH TOUCHSCREEN
LANGUAGE	7	23	21
UNI—DIAL™	•	•	
HEART RATE MONITORING		•	•
POWER SAVING SYSTEM	•	•	•
EGYM LOGIN			•
INTENZACAST™			•
VIRTUAL SCENERY			•
BUILT—IN TV SYSTEM			•
CONNECTIVITY			
WI—FI		• INCARE™ ONLY	•
USB		•	•
HDMI			•
ETHERNET			•
C—SAFE	•	•	•
RFID/NFC			•
3.5MM HEADPHONE JACK			•
BLUETOOTH HEADSET			•



PROGRAMS

MODEL	450 i2S	450 i2	550 e2+
QUICK START	•	•	•
PRESET/ADVANCED	•	•	•
TARGET	•	•	•
FITNESS TEST	•	•	•
HR CONTROL		•	•
RACE		•	•
CUSTOM PROGRAM			•
ESCALATE LANDMARK		•	•
TOTAL PROGRAMS	15—17	22—34	22—34
CUSTOM SETTING VIA USB		•	•
WORKOUT DATA DOWNLOAD VIA USB		•	•
APP INTEGRATION*			•
SERVICE			
INCARE™ ONLINE		•	•
SOFTWARE UPDATE		• WI—FI / USB	• WI—FI / USB
I—REMOTE VIA WI—FI		•	•
ERROR MESSAGE HISTORY		• WI—FI	• WI—FI

* Fitness, Video / Music Streaming APP Intergration available by demand



550e2

Intenza

Intenza

The Only Stair Climber Made for Every Body.

Escalate Stairclimber is ideal for active aging, HIIT training, and low-impact rehab sessions, featuring 20 adjustable step heights between 10 to 19.5cm (4-7.7"). This unique training versatility enables the targeting of different muscle groups, setting them apart from traditional fixed-step height stair climbers.

SMART STEP HEIGHT

TAILOR STEP HEIGHT TO ACCOMMODATE YOUR UNIQUE BODY STRUCTURE AND MOBILITY FOR OPTIMAL BIOMECHANICS AND SAFE MUSCLE ACTIVATION.

MAXIMUM SAFETY

4 SAFETY MECHANISMS TO ENSURE WORKOUT SAFETY: INFRARED SAFETY STOP, SAFETY KEY, CONSOLE STOP BUTTON, AND EMERGENCY STOP BUTTON.

TRAINING VERSATILITY

INCLINE TRAINING TARGETS THE GLUTES, HAMSTRINGS, AND CALVES, WHILE DECLINE TRAINING EMPHASIZES THE QUADRICEPS.



reddot design award

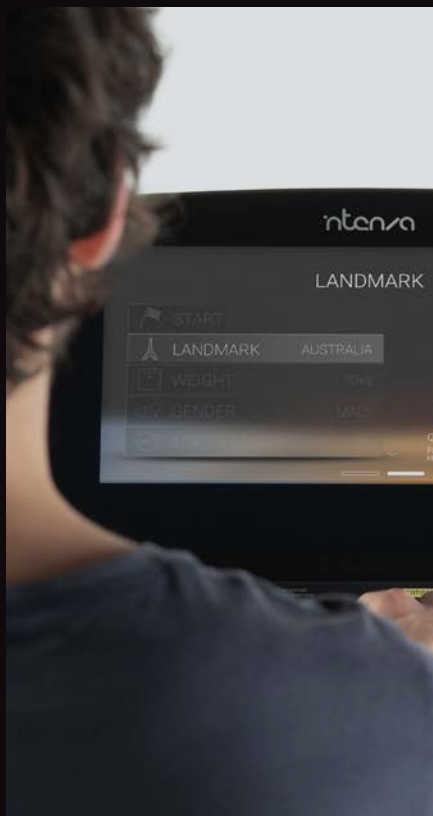


LANDMARK WORKOUTS

ELEVATE YOUR WORKOUT TO NEW HEIGHTS BY CLIMBING 31 ICONIC LANDMARK BUILDINGS FROM ALL OVER THE WORLD.

LANDMARK PROGRAM IS DESIGNED SPECIFICALLY FOR THE ESCALATE TO SIMULATE TOWER RUNNING, OR VERTICAL MARATHON, PROVIDING A FRESH WORKOUT OPTION FOR EXERCISERS OF ALL FITNESS LEVELS.

- ALLIANZ TOWER
- BURJ KHALIFA
- CN TOWER
- DC TOWER 1
- EIFFEL TOWER
- EMPIRE STATE BUILDING
- ICC
- JUMEIRAH EMIRATES TOWERS
- KL TOWER
- LANDMARK 81
- LOTTE WORLD TOWER
- ONE WORLD TRADE CENTRE
- OSTANKINO TOWER
- PETRONAS TOWERS
- Q1 TOWER
- SHANGHAI TOWER
- STRATOSPHERE TOWER
- SWISSOTEL
- SYDNEY TOWER
- TAIPEI 101
- TANGJONG PAGAR CENTRE
- THE SHARD
- THYSSENKRUP TEST TOWER
- TOKYO SKYTREE
- TORRE DE CRISTAL
- TOWER 42
- TURNING TORSO
- UFO TOWER
- UPDATED WORLD FINANCIAL CENTRE
- WILLIS TOWER
- WORLD FINANCIAL CENTRE



ESCALATE	450 Ci2S	450 Ci2	550 Ce2+
FOOTPRINT (L x W x H) (20 Degree)	193 x 86 x 213 cm 76 x 34 x 84 in	193 x 86 x 213 cm 76 x 34 x 84 in	193 x 86 x 213 cm 76 x 34 x 84 in
SHIPPING GROSS WEIGHT	412 kg / 908 lbs	414 kg / 921 lbs	426 kg / 939 lbs
CONSOLE	i2S	i2	e2+
LANGUAGE	7	23	21
WORKOUT OPTIONS	4	7	7
SAFETY SENSOR	•	•	•
INCLINE	20–40%	20–40%	20–40%
LANDMARK PROGRAM		•	•



Beautifully Engineered For The Finest Running Experience.

Fusing stunning design with superior performance, Intenza treadmills provide unmatched stability and durability. Elevate your cardio space and inspire users to achieve their fitness goals.

ULTIMATE STABILITY

HEAVY DUTY CONSTRUCTION ENSURES EXERCISER'S SAFETY AND COMFORT DURING HIGH-INTENSITY WORKOUTS.

FULL SPEED, FULL CONTROL

ADJUST SPEED AND INTENSITY EFFORTLESSLY WHILE RUNNING WITH THE OVERSIZED JOYSTICK AND HOT KEYS.



BUILT TO LAST

DURABILITY TESTED FOR MORE THAN 4000+ HOURS. ROBUST DRIVE SYSTEM DELIVERS A SMOOTH AND POWERFUL FORCE ON A SOLID FRAME DESIGNED FOR RIGOROUS COMMERCIAL USE.

HIIT TREADMILL

ACCELERATES AND DECELERATES FROM 0 TO 25KM/H IN 21 SECONDS, THE 450 SERIES T12H TREADMILL WAS BORN OUT OF MEETING THE EVER GROWING NEEDS OF HIIT ENTHUSIASTS.

PERFECT FOR BOUTIQUE STUDIO GROUP TRAINING, THE INTUITIVE UNI—DIAL™ NAVIGATION AND MINIMALISTIC DISPLAY ALLOWS EXERCISERS TO STAY FOCUSED AND FULLY IMMERSSED IN THE TRAINING FOR A MORE ENJOYABLE EXPERIENCE.



TREADMILLS	450 T12S	450 T12	450 T12H	550 Te2+
FOOTPRINT (L x W x H)	215 x 96 x 154 cm 84 x 38 x 60 in	215 x 96 x 154 cm 84 x 38 x 60 in	215 x 96 x 154 cm 84 x 38 x 60 in	215 x 96 x 154 cm 84 x 38 x 60 in
SHIPPING GROSS WEIGHT	288 kg / 635 lbs	290 kg / 639 lbs	288 kg / 635 lbs	395 kg / 650 lbs
CONSOLE	i2S	i2	i2S	e2+
LANGUAGE	7	23	7	21
WORKOUT OPTIONS	5	6	5	7
SMART ENERGY SYSTEM	•	•	•	•
	110V* 230V	110V 230V	— 230V*	110V 230V
INCLINE	0—15% 0—15%	0—15% 0—15%	— 0—15%	0—15% 0—15%

* T12S 110V : Only Available in the US & LATAM
* T12H 230V : Not Available in the US

Designed to Move The Way You Do.

Providing a smooth and low-impact full body workout, the Elliptical Trainer mimics the natural rhythm of running, offering stability and fluidity in every stride.

WIDEST RANGE OF MOVEMENT

THE ADJUSTABLE RAMP (13—40 DEGREES) ALLOWS FOR PRECISE TARGETING OF SPECIFIC MUSCLES. HIGHER INCLINES ACTIVATES THE HAMSTRINGS AND GLUTES, WHILE LOWER INCLINES ENGAGES THE QUADRICEPS.

*US MODEL IS FIXED AT 21 DEGREES

40 LEVELS OF RESISTANCE

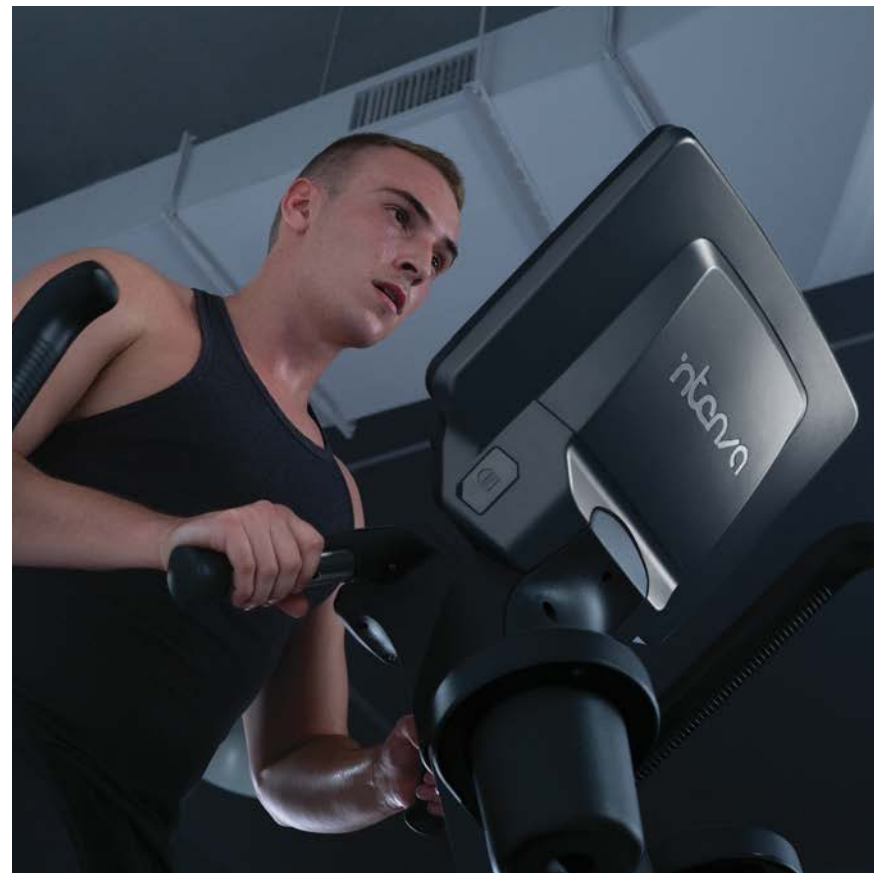
ACCOMMODATES DIVERSE FITNESS LEVELS AND ENABLES A BROAD RANGE OF WORKOUT OPTIONS.





ELLIPTICAL	450 ETi2S / ETXi2S*	450 ETi2 / ETXi2*	550 ETe2+ / ETXe2+*
FOOTPRINT (L x W x H)	209 x 84 x 172 cm 83 x 33 x 68 in	209 x 84 x 172 cm 83 x 33 x 68 in	209 x 84 x 172 cm 83 x 33 x 66 in
SHIPPING GROSS WEIGHT	249 kg / 548 lbs	251 kg / 553 lbs	250 kg / 551 lbs
CONSOLE	i2S	i2	e2+
LANGUAGE	7	7	21
WORKOUT OPTIONS	5	5	7
SMART ENERGY SYSTEM	•	•	•
INCLINE LEVEL	16	16	16
INCLINE ANGLE	13—40°	13—40°	13—40°

* Adjustable incline is not available in the US





Find Your Perfect Ride: Upright, Cruising, or Road.

Engineered for the modern cyclist, the Upright Bike boasts advanced ergonomics for a natural riding position. Experience a smooth, quiet ride with adjustable resistance to personalize your workout, from leisurely cruises to challenging climbs.

INSTANT ADJUSTMENT

EASILY ADJUST THE RESISTANCE LEVEL DURING WORKOUT WITH CONTROLS AT YOUR FINGERTIPS.

40 LEVELS OF RESISTANCE

ACCOMMODATES DIVERSE FITNESS LEVELS AND ENABLES A BROAD RANGE OF WORKOUT OPTIONS.

COMFORTFIT™

OVERSIZED HIGH DENSITY FOAM SEAT, ERGONOMIC HANDLEBAR AND MICRO SEAT ADJUSTMENTS PROVIDE THE SUPPORT AND COMFORT YOU NEED TO GO THE DISTANCE.



UPRIGHT BIKES	450 UBI2S	450 UBI2	550 UBe2+
FOOTPRINT (L x W x H)	123 x 67 x 146 cm 48 x 26 x 128 in	122 x 67 x 146 cm 48 x 26 x 57 in	122 x 67 x 146 cm 48 x 26 x 57 in
SHIPPING GROSS WEIGHT	83 kg / 182 lbs	83 kg / 182 lbs	88 kg / 194 lbs
CONSOLE	i2S	i2	e2+
LANGUAGE	7	23	21
WORKOUT OPTIONS	4	7	8
RESISTANCE	40	40	40
SAFETY ENERGY SYSTEM	•	•	•



Ergonomic Precision for Supportive Comfort.

Designed with ergonomic precision, the Recumbent Bike supports your body's natural alignment for a seamless, low-impact workout. Enjoy a smooth and comfortable ride.

COMFORTFIT™

BREATHABLE LUMBAR SUPPORT BACKREST AND ERGONOMIC SEAT PROVIDE OPTIMAL WEIGHT DISTRIBUTION AND SUPPORT. FIND THE PERFECT POSITION WITH ½" MICRO SEAT ADJUSTMENT FOR A COMFORTABLE WORKOUT.

40 LEVELS OF RESISTANCE

ACCOMMODATES DIVERSE FITNESS LEVELS AND ENABLES A BROAD RANGE OF WORKOUT OPTIONS.

SAFE AND ACCESSIBLE

EASY ON AND EASY OFF WITH LOW CROSS OVER DESIGN. EFFORTLESSLY ADJUST THE RESISTANCE LEVEL DURING WORKOUT WITH CONTROLS AT YOUR FINGERTIPS.





RECUMBENT BIKES	450 RBi2S	450 RBi2	550 RBe2+
FOOTPRINT (L x W)	160 x 70 x 124 cm 63 x 28 x 49 in	160 x 70 x 124 cm 63 x 28 x 49 in	160 x 71 x 124 cm 63 x 27 x 49 in
SHIPPING GROSS WEIGHT	109 kg / 239 lbs	112 kg / 247 lbs	119 kg / 262 lbs
CONSOLE	i2S	i2	e2+
LANGUAGE	7	23	21
WORKOUT OPTIONS	4	7	8
RESISTANCE	40	40	40



Feel the Road. Elevate the Ride.

Experience the true spirit of road cycling with the Intenza GC Bike. Sophisticated tactile feedback creates an unparalleled connection to the road, while unwavering sturdiness ensures it conquers the most intense rides.

PERFORMANCE FEEDBACK

COLOR CUE™ SYSTEM ENHANCES GROUP WORKOUTS BY PROVIDING REAL TIME COLOR—CODED PERFORMANCE FEEDBACK, ENABLING PRECISE TRAINING AND ENGAGING CLASS EXPERIENCES.

COMFORT FIT™

THE GC BIKE ACCOMMODATES ALL BODY TYPES WITH FULLY ADJUSTABLE SEATING AND HANDLEBARS, CREATING A COMFORTABLE, TAILORED CYCLING EXPERIENCE FOR EVERY USER.

PRECISION AT YOUR FINGERTIPS

THE HAPTIC RESISTANCE CONTROL KNOB ALLOWS FOR PRECISE ADJUSTMENTS ON THE FLY, KEEPING YOU FOCUSED AND IN THE ZONE.



GC SERIES	550 GC	550 GC3
FOOTPRINT (L x W)	130 x 58 cm / 51 x 23 in	130 x 58 cm / 51 x 23 in
SHIPPING GROSS WEIGHT	71.5 kg / 158 lbs	73.5 kg / 162 lbs
DRIVE SYSTEM	2 BELT	2 BELT
RESISTANCE SYSTEM	MAGNETIC	MAGNETIC
RESISTANCE LEVEL	40	40
Q-FACTOR	162MM	162MM
SMART POWER MANAGEMENT	—	PEDAL OR PRESS ANY KEY
CONSOLE DISPLAY	—	RPM AVG/MAX
	—	WATT AVG / MAX
	—	SPEED AVG / MAX
	—	TIME
	—	LEVEL (RESISTANCE)
	—	CALORIES
	—	DISTANCE
	—	HR AVG (HR STRAP REQUIRED)
	—	COLOR CUE™ INTENSITY GUIDE (WATT / HR)



Intenza

Intenza

Intenza

Easy to Use. Built to Last.

The Selectorized Ease Line boasts unmatched durability and optimal biomechanics, welcoming beginners and seasoned athletes alike. Designed to withstand heavy use, the Selectorized Ease Line is a reliable choice for any facility.

BIOMECHANIC

CONVERGENT AND DIVERGENT MOVEMENT, INDEPENDENT ARMS, COUNTER BALANCE WEIGHT, CUSTOMIZABLE RANGE OF MOTION, MULTIPLE GRIP TYPES, CAM RESISTANCE, SMALL WEIGHT STACKS.

DURABILITY ENHANCED

DOUBLE—COATED FRAME AND ALUMINUM END CAPS PAIRED WITH WEIGHT STACK PROTECTION PLATES ENSURE THE EQUIPMENT REMAINS IN PRISTINE CONDITION, EVEN THROUGH EXTENSIVE USE.

TRAIN WITH CONFIDENCE

SCAN QR CODE TO ACCESS INSTRUCTIONAL VIDEO, ENSURING A SMOOTH WORKOUT EXPERIENCE.





EASE LINE	EL—05	EL—07	EL—09
MODEL	BACK EXTENSION	LEG PRESS	LEG EXTENSION
FOOTPRINT (L x W x H)	106 x 129 x 150 cm 41.7 x 50.7 x 59 in	190 x 111 x 150 cm 74.8 x 43.7 x 59 in	116 x 141 x 150 cm 45.6 x 55.5 x 59 in
PRODUCT WEIGHT	243 kg / 535.9 lbs	347.2 kg / 765.6 lbs	241 kg / 531.4 lbs
WEIGHT STACK	109 kg / 240 lbs	170 kg / 375 lbs	109 kg / 240 lbs



EASE LINE	EL—06	EL—13	EL—08	EL—15
MODEL	ABDOMINAL	HIP ABDUCTION/ADDUCTION	SEATED LEG CURL	PRONE LEG CURL
FOOTPRINT (L x W x H)	107 x 118 x 157 cm 42.1 x 46.5 x 62 in	159 x 82 x 150 cm 62.5 x 32.2 x 59 in	116 x 166 x 150 cm 45.6 x 65.3 x 59 in	156 x 111 x 150 cm 61.4 x 43.7 x 59 in
PRODUCT WEIGHT	218 kg / 480.7 lbs	247 kg / 544.6 lbs	261 kg / 575.5 lbs	219 kg / 482.8 lbs
WEIGHT STACK	109 kg / 240 lbs	109 kg / 240 lbs	109 kg / 240 lbs	109 kg / 240 lbs



EASE LINE	EL—02	EL—04	EL—11	EL—12
MODEL	CHEST PRESS	SHOULDER PRESS	SEATED DIP	WEIGHT ASSISTED CHIN UP/DIP
FOOTPRINT (L x W x H)	111 x 143 x 150 cm 43.7 x 56.2 x 59 in	157 x 153 x 150 cm 61.8 x 60.2 x 59 in	123 x 107 x 150 cm 48.4 x 42.1 x 59 in	196 x 99 x 249 cm 76.6 x 38.9 x 98 in
PRODUCT WEIGHT	242 kg / 533.6 lbs	254 kg / 560 lbs	242 kg / 533.7 lbs	262 kg / 577.7 lbs
WEIGHT STACK	109 kg / 240 lbs	109 kg / 240 lbs	109 kg / 240 lbs	109 kg / 240 lbs



EASE LINE	EL—10	EL—03	EL—01	EL—14
MODEL	SEATED ROW	LAT PULLDOWN	ARM CURL	PEC FLY/REAR DELT
FOOTPRINT (L x W x H)	151 x 120 x 150 cm 59.4 x 47.2 x 59 in	152 x 143 x 185 cm 59.8 x 56.2 x 73 in	139 x 95 x 150 cm 54.7 x 37.4 x 59 in	141 x 130 x 207 cm 55.5 x 51.1 x 81.5 in
PRODUCT WEIGHT	248 kg / 546.9 lbs	260 kg / 573.4 lbs	217 kg / 478.5 lbs	232 kg / 643 lbs
WEIGHT STACK	109 kg / 240 lbs	109 kg / 240 lbs	109 kg / 240 lbs	109 kg / 240 lbs

Unmatched Versatility for Any Fitness Space.

Intenza Cable Machines and Stations are specifically designed to cater to the unique fitness needs of any facility. These stations can be used as standalone units or combined with various attachments, enabling multiple users to train at the same time. This not only optimizes floor space but also enhances the overall training experience.

DUAL ADJUSTABLE PULLEY

ACCESSORIES INCLUDE: STRAIGHT BAR, LEG BOOT D—RING, SHORT AND MEDIUM HANDLES, AND CHIN ASSIST STRAP.

DURABILITY ENHANCED

DOUBLE—COATED FRAME AND ALUMINUM END CAPS PAIRED WITH WEIGHT STACK PROTECTION PLATES ENSURE THE EQUIPMENT REMAINS IN PRISTINE CONDITION, EVEN THROUGH EXTENSIVE USE.

MODULAR MULTI STATION

CONFIGURABLE STATIONS WITH 10 ADD—ON OPTIONS AND 5 DEFAULT COMBINATIONS.





CABLE STATIONS	CMS—DAP	CMS—LPSS
MODEL	DUAL ADJUSTABLE PULLEY	LAT PULL DOWN SINGLE STATION
MEASUREMENTS (L x W x H)	112 × 116 × 234 cm / 44 × 45.6 × 92 in	144 × 113 × 235 cm / 56.6 × 44.4 × 92.5 in
PRODUCT WEIGHT	483 kg / 1064 lbs	257 kg / 566 lbs
WEIGHT STACK	286 kg / 630 lbs	122 kg / 270 lbs



CABLE STATIONS	CMS—SRSS	CMS—COM1
MODEL	SEATED ROW SINGLE STATION	4 CABLE STATION
MEASUREMENTS (L x W x H)	215 × 71 × 235 cm / 84.6 × 27.9 × 92.5 in	362 × 224 × 236 cm / 142.5 × 88.1 × 92.9 in
PRODUCT WEIGHT	257 kg / 566 lbs	749.6 kg / 1652 lbs
WEIGHT STACK	122 kg / 270 lbs	286 kg / 630 lbs
COMPONENTS		4—WAY TOWER (1), SEATED ROW (1), LAT PULL DOWN (1), TRICEPS PUSH DOWN (1), TRANSLUCENT SHROUD (1), ADJUSTABLE PULLEY (1) *CUSTOMIZABLE



CABLE STATIONS	CMS—T4	CMS—T4—SF4
MODEL	4—WAY TOWER	TRANSLUCENT SHROUD
MEASUREMENTS	83 × 83 × 236 cm / 32.6 × 32.6 × 92.9 in	
PRODUCT WEIGHT	128.5 kg / 283.3lbs	29 kg / 63.9lbs



CABLE STATIONS	CMS—T4—SR	CMS—T4—TP	CMS—T4—LP	CMS—T4—AP	CMS—T4—FT
MODEL	SEATED ROW	TRICEPS PUSH DOWN	LAT PULLDOWN	ADJUSTABLE PULLEY	FUNCTIONAL TRAINING
PRODUCT WEIGHT	192 kg / 423.4 lbs	102.5 kg / 226.1 lbs	176.5 kg / 389.2 lbs	121.1 kg / 267.1 lbs	11 kg / 24.3 lbs
WEIGHT STACK	122 kg / 270 lbs	82 kg / 180 lbs	122 kg / 270 lbs	82 kg / 180 lbs	



CABLE STATIONS

MODEL**MEASUREMENTS** (L x W x H)**WEIGHT STACK****BASE UNIT****MODULES****CMS—COM2**

CABLE CROSS OVER

105 x 372 x 235 cm / 41.3 x 146 x 92.5 in

643.5 kg / 1418 lbs

ADJUSTABLE PULLEY STATION (2)

ADJUSTABLE PULLEY (2), CROSS BEAM (1)

*TRANSLUCENT SHROUD IS OPTIONAL



CABLE STATIONS

MODEL**MEASUREMENTS** (L x W x H)**PRODUCT WEIGHT****WEIGHT STACK****CMS—APS**

ADJUSTABLE PULLEY STATION

105 x 71 x 235 cm / 41.3 x 27.9 x 92.5 in

187.9 kg / 414.4 lbs

81 kg / 180 lbs



CABLE STATIONS

MODEL**MEASUREMENTS** (L x W x H)**PRODUCT WEIGHT****CMS—T4—CB**

CROSS BEAM

230 cm / 90.5 in

25.5 kg / 56.2 lbs

CMS—APS—SF1

TRANSLUCENT SHROUD

10 kg / 22.1 lbs



CABLE STATIONS

MODEL**CMS—COM3**

5 CABLE STATION

MEASUREMENTS (L x W x H)

541 x 363 x 236 cm / 212 x 142 x 92 in

WEIGHT STACK

934 kg / 2059 lbs

BASE UNIT

4—WAY TOWER (1), ADJUSTABLE PULLEY STATION (1)

MODULESSEATED ROW (1), LAT PULL DOWN (1), CROSS BEAM (1)
TRICEPS PUSH DOWN (1), ADJUSTABLE PULLEY (1)

*TRANSLUCENT SHROUD IS OPTIONAL



CABLE STATIONS

MODEL**CMS—COM4**

8 CABLE STATION

MEASUREMENTS (L x W x H)

642 x 464 x 236 cm / 252 x 182 x 92 in

WEIGHT STACK

1466.7 kg / 3233 lbs

BASE UNIT

4—WAY TOWER (2)

MODULESSEATED ROW (2), LAT PULL DOWN (2), CROSS BEAM (1),
TRICEPS PUSH DOWN (2), ADJUSTABLE PULLEY (2)

*TRANSLUCENT SHROUD IS OPTIONAL



CABLE STATIONS

MODEL**CMS—COM5**

MULTI CABLE STATION

MEASUREMENTS (L x W x H)

657 x 657 x 236 cm / 258 x 258 x 92 in

WEIGHT STACK

1698.7 kg / 3744 lbs

BASE UNIT

4—WAY TOWER (2), ADJUSTABLE PULLEY STATION (1)

MODULESSEATED ROW (2), LAT PULL DOWN (2), CROSS BEAM (2),
TRICEPS PUSH DOWN (1), ADJUSTABLE PULLEY (3)

*TRANSLUCENT SHROUD IS OPTIONAL

The Essentials for Any Strength Training Environment.

Benches and racks provide the essentials for a versatile and well-equipped strength training area. Our sturdy offerings provide a solid platform for performing free-weight and bodyweight exercises, catering to a wide range of training goals. Efficient storage racks keep free weights organized and easily accessible, streamlining workouts and maximizing training space.

DURABILITY

CORROSION AND SCRATCH-RESISTANT FRAMES WITH DOUBLE COATING AND ALUMINUM END CAPS FOR A LONGER LIFESPAN OF THE EQUIPMENT.

EASY ACCESS

YELLOW MARKED ADJUSTMENT HANDLES PROVIDE EASY ACCESS TO DIFFERENT HEIGHTS AND ALSO OFFER QUICK ACCESS FOR SPOTTERS.

COMFORT

CUSTOM-MADE SEATS AND BACKRESTS PROVIDE OPTIMAL COMFORT.





BENCHES/RACKS	SBR—05	SBR—04	SBR—10	SBR—14
MODEL	ARM CURL BENCH	BACK EXTENSION BENCH	ABDOMINAL BENCH	UTILITY BENCH
FOOTPRINT (L x W x H)	131.8 × 80.5 × 106.4 cm 51.8 × 31.6 × 41.8 in	153.2 × 79 × 82.6 cm 60.3 × 31 × 32.5 in	167.4 × 79 × 85.3 cm 65.9 × 31.1 × 33.5 in	173 × 73 × 104 cm 68.1 × 28.7 × 40.9 in
PRODUCT WEIGHT	68 kg / 149 lbs	60 kg / 132 lbs	53 kg / 116 lbs	27 kg / 59.5 lbs



BENCHES/RACKS	SBR—11	SBR—15	SBR—02	SBR—03
MODEL	OLYMPIC SQUAT RACK	OLYMPIC DECLINE BENCH	OLYMPIC FLAT BENCH	OLYMPIC INCLINE BENCH
FOOTPRINT (L x W x H)	165 × 138 × 173 cm 65 × 54.3 × 68.1 in	177 × 125 × 126 cm 69.7 × 49.2 × 49.6 in	138.7 × 129.8 × 121.9 cm 54.6 × 51.1 × 47.9 in	154.7 × 125.5 × 152.7 cm 60.9 × 49.4 × 60.1 in
PRODUCT WEIGHT	114 kg / 251.4 lbs	89 kg / 196.2 lbs	59 kg / 131 lbs	69 kg / 152 lbs



BENCHES/RACKS	SBR—12	SBR—06	SBR—09
MODEL	POWER RACK	OLYMPIC WEIGHT STORAGE	SMITH MACHINE
FOOTPRINT (L x W x H)	196 × 165 × 245 cm 77.1 × 65 × 96.5 in	76.5 × 165.6 × 124 cm 30.1 × 65.1 × 48.8 in	135.1 × 205.5 × 234.2 cm 53.1 × 80.9 × 92.2 in
PRODUCT WEIGHT	260 kg / 298 lbs	21 kg / 47 lbs	242 kg / 533 lbs



BENCHES/RACKS	SBR—13	SBR—01	SBR—08	SBR—07
MODEL	FLAT BENCH	FLAT—INCLINE BENCH	BARBELL RACK	TWO TIER DUMBBELL RACK
FOOTPRINT (L x W x H)	165 × 79 × 46 cm 65 × 31.1 × 18 in	131.8 × 69.1 × 49 cm 51.8 × 27.2 × 19 in	99.1 × 84.6 × 131.6 cm 39 × 33.3 × 51.8 in	212.1 × 59.2 × 72.1 cm 83.5 × 23.3 × 28.3 in
PRODUCT WEIGHT	29 kg / 63.9 lbs	48 kg / 105 lbs	78 kg / 173 lbs	69 kg / 152 lbs

Precision—Engineered for High—Performance Strength Training.

The Intenza Plate Loaded Uplift Line is engineered for unparalleled biomechanics, ergonomics, and durability, making it the ideal choice for high—performance strength training. The sleek design creates a premium workout atmosphere and caters to the needs of both serious athletes and fitness novices.

BIOMECHANIC

CONVERGENT AND DIVERGENT MOVEMENT, INDEPENDENT ARMS, CUSTOMIZABLE RANGE OF MOTION, MULTIPLE GRIP TYPES, HANDLE ADJUSTABILITY, PRECISION PULLEY SYSTEM.

DURABILITY

ZINC AND POWDER COATED 11 GAUGE STEEL FRAME, SAND—BLASTED ALUMINUM, SAND—BLAST ALUMINUM END CAPS, FORTIFIED FRAME STRUCTURE, STAINLESS STEEL ADJUSTMENT.

ERGONOMIC

SEAT (RATCHETING SEAT ADJUSTMENT, 7 SEAT POSITIONS, SWEAT—RESISTANT VEGAN LEATHER, MEDIUM—DENSITY FOAM), ADJUSTABLE BACKPAD, REINFORCED ADJUSTABLE ANTI—SLIP FOOTPLATES, OVERSIZED HANDLES, BUILT—IN WEIGHT HORNS.





PLATE LOADED	UL—01	UL—02	UL—03
MODEL	CHEST PRESS	SHOULDER PRESS	LAT PULLDOWN
FOOTPRINT (L x W x H)	183 x 189 x 112 cm 72 x 74 x 44 in	167 x 187 x 103 cm 65 x 73 x 40 in	170 x 151 x 212 cm 66 x 59 x 83 in
PRODUCT WEIGHT	118 kg / 259 lbs	117 kg / 257 lbs	151 kg / 333 lbs
WEIGHT CAPACITY	300 kg / 661 lbs	200 kg / 441 lbs	250 kg / 551 lbs



PLATE LOADED	UL—04	UL—05	UL—06
MODEL	SEATED ROW	BICEPS CURL	TRICEPS EXTENSION
FOOTPRINT (L x W x H)	177 x 158 x 121 cm 69 x 62 x 47 in	178 x 180 x 118 cm 70 x 70.8 x 46 in	178 x 173 x 118 cm 70 x 68 x 47 in
PRODUCT WEIGHT	124 kg / 272 lbs	99 kg / 218 lbs	102 kg / 225 lbs
WEIGHT CAPACITY	250 kg / 551 lbs	200 kg / 441 lbs	200 kg / 441 lbs



PLATE LOADED	UL—07	UL—08	UL—09
MODEL	GLUTE	LEG EXTENSION	SEATED LEG CURL
FOOTPRINT (L x W x H)	148 x 150 x 91 cm 58 x 59 x 36 in	143 x 174 x 110 cm 56 x 69 x 43 in	162 x 166 x 119 cm 64 x 65 x 47 in
PRODUCT WEIGHT	117 kg / 257 lbs	136 kg / 300 lbs	156 kg / 344 lbs
WEIGHT CAPACITY	200 kg / 441 lbs	250 kg / 551 lbs	125 kg / 276 lbs



PLATE LOADED	UL—10	UL—11
MODEL	LEG PRESS	PIVOT SQUAT
FOOTPRINT (L x W x H)	241 x 158 x 135 cm 94 x 62 x 53 in	170 x 143 x 167 cm 67 x 56 x 66 in
PRODUCT WEIGHT	307 kg / 677 lbs	177 kg / 391 lbs
WEIGHT CAPACITY	400 kg / 882 lbs	400 kg / 882 lbs



Get in touch with our team—

• **APAC** sales@intenzafitness.com • **EMEA** emea@intenzafitness.com • **GLOBAL** sales@intenzafitness.com • **JAPAN** japan@intenzafitness.com
• **NORTH AMERICA** sales@intenzafitness.com • **PR & MARKETING** marketing@intenzafitness.com

DISCOVER INTENZA



